

February 2016

Dear Doctor,

Here's another short story I am sharing with you...

Law of the Garbage Truck

One day I hopped in to a taxi & took off for the airport. We were driving in the right lane when suddenly a black car jumped out of a parking space & came out right in front of us.

My taxi driver slammed the brakes, skidded & missed the other car by just inches!

The driver of the other car whipped his head around and started yelling at us. My taxi driver just smiled and waved at the guy. He was really friendly to the arrogant driver.

So I asked, 'Why did you just do that? This guy could almost ruin your car and sent us to the hospital!'

This is when my taxi driver taught me what I now call, 'Law of the Garbage Truck'.

He explained that many people are like garbage trucks. They run around full of garbage, full of frustration, full of anger, full of cheating, full of ego, full of disappointments, full of selfishness, & full of jealousy and when their garbage piles up, they need a place to dump it and sometimes they'll dump it on you.

Don't take it personally. Just smile, wave, wish them well, and move on. Don't take their garbage and spread it to other people at work, at home or on the streets. The bottom line is that successful people do not let garbage trucks take over their day.



Life's too short to wake up in the morning with regrets. So ... Love the people who treat you right. Pray for the ones who don't.

Life is 10% what you make it. And 90% how you take it!

Have a garbage-free Life!

Life's beautiful

Regards,



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